

UNBOXING THE TOUGH STUFF BEFORE THE CRASH!

CHRISTO HUDSON

Former Black Box Investigator

Everyone in an organisation has their own black box — the unspoken things that sit below the surface.

Christo Hudson helps leaders and teams unbox them safely.

He teaches people how to talk about what we normally avoid — death, divorce, depression, and everything in between — with honesty, confidence, and humanity.

His inspiring and motivating sessions give people the language, confidence, and tools to connect when it matters most...before the damage is done.

WHY BOOK **CHRISTO**?

- Former Black Box Investigator, airline pilot, trained listener and trainer
- Brings aviation's truth-finding mindset to businesses
- Teaches practical frameworks for difficult conversations
- Serious subjects, delivered with lightness creating real change that sticks



Signature Keynote:

DON'T WAIT FOR THE MAYDAY!!!

When a mayday call goes out, something's already failed.

In workplaces, it sounds quieter — the silence before burnout, the colleague who withdraws, the manager who doesn't know how to start the tough conversation.

KEY TAKEAWAYS:

- Recognise the early warning signs of struggle and silence
- Use Notice. Name. Nudge. to start conversations that save lives and relationships
- Build cultures of courage, trust, and human connection



Other popular sessions

UNBOXING THE TOUGH STUFF

The real cost of silence and how to build teams that talk

ARE YOU FIT TO FLY?

Staying grounded and connected under pressure

UNBOXING CONNECTION

Everyday tools for empathy, listening, and trust

Trusted by



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